



SCHEDULE

	9:00-10:30 am	11:00-12:30am	5:00-6:00pm	7:00-8:30pm
MONDAY	OCR	YOGA	CROSSFIT	CIRCUIT
TUESDAY	CIRCUIT	OCR	YOGA	FITNESS
WEDNESDAY	YOGA	FITNESS	OCR	CROSSFIT
THURSDAY	Closed	Closed	CIRCUIT	OCR
FRIDAY	CROSSFIT	FITNESS	CIRCUIT	YOGA
SATURDAY	CIRCUIT	CROSSFIT	FITNESS	OCR
SUNDAY	Free time	Free time	Free time	Free time